

Term	Relevancy	Function
ethics	How does your personal set of ethics help or hurt your sense of worth? Chapter Nine in <i>Pay Me What I'm Worth</i> dissolves a complex subject (ethics) into an easy to understand concept in short order. Complete the exercise in this chapter and you'll enjoy sound, practical ethics - day in and day out.	What you say involves your ethics. Is what you say also what you do? All the time? If you struggle with maintaining a healthy, graceful set of ethics, you'll find Chapter Nine in <i>Pay Me What I'm Worth</i> - worth your time and effort. Once you finish this Chapter, you'll understand how your ethics play a key role in defining your sense of worth -inside and out.
gratitude	How does your level of gratitude impact your sense of worth? Do you live a life of lack (not having enough) or a life of abundance (enjoying enough)? Chapter Ten of <i>Pay Me What I'm Worth</i> explores how gratitude plays a key role in defining your sense of worth.	Think of ONE person you know who always seems happy - no matter WHAT happens to them. Does it seem this person is grateful for everything in life - no matter what? Care to discover how to enjoy such happiness? Chapter Ten in <i>Pay Me What I'm Worth</i> explores a most unique way to uncover the riches of living a life of genuine gratitude. Once you've completed the exercises in Chapter Ten, you'll discover how there's MORE to be grateful for, with each breath you take. As you live a life of genuine gratitude, you'll enjoy a healthy, wealthy and wise life.
health	Section Two: Prepare to Give in <i>Pay Me What I'm Worth</i> focuses on five, common-sense ways to improve your health, physically, mentally and spiritually.	Would you say your sense of 'worth' factors into how healthy you are? If so, <i>Pay Me What I'm Worth</i> explores how to increase your levels of health, physically, mentally and spiritually with over 30 unique exercises throughout ten lively chapters.
integrity	How does your integrity help or hurt your sense of worth? Chapter Nine in <i>Pay Me What I'm Worth</i> dissolves a complex subject (integrity) into an easy to understand concept in short order. Complete the exercise in this chapter and you'll understand how to create and maintain high levels of integrity	What you do = your integrity. Do your actions equal your words? All the time? If you struggle with maintaining healthy, graceful levels of integrity, you'll find Chapter Nine in <i>Pay Me What I'm Worth</i> - worth your time and effort. Once you finish this Chapter, you'll understand how integrity plays a key role in defining your sense of worth -inside and out.
love	Chapter Six of <i>Pay Me What I'm Worth</i> offers a most unique way to give and receive love in a healthy, common sense and graceful way.	If you love someone, what's it worth to you to maintain such love? If someone loves YOU, once again, what's it worth to you, to continue on enjoying this person's love? <i>Pay Me What I'm Worth</i> offers over 30 unique exercises to get in touch with what YOU love and how you LOVE the worth it brings to your life.
money	<i>Pay Me What I'm Worth</i> explores what you're worth well beyond what you have in the bank. True, money is part of your overall 'worth' profile. Is money the ONLY thing that defines you? NO! Explore this book to discover your worth in more ways than one.	Do you believe your worth is more than a bank balance? Not sure? Read <i>Pay Me What I'm Worth</i> to discover how money plays only ONE part of your overall worth.

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power	Is your personal sense of worth based on the power you have or need? If so, <i>Pay Me What I'm Worth</i> explores how your existing sense of power helps or hurts your ability to kindly, gently, gracefully enjoy life and your sense of worth.	Which would you enjoy more: power or long-term good health? Care to have both? <i>Pay Me What I'm Worth</i> explores over 33 different ways to carefully, kindly, ethically build or use your personal power to enjoy good health on many levels.
property	How does the property you own (or hope to own), help or hurt your sense of personal worth? Are you 'house-rich' but 'penny-poor?' Chapter One of <i>Pay Me What I'm Worth</i> explores how your property (home, auto, etc.) represents but a small portion of what you're worth.	Which would you rather enjoy more? An amazing home filled with the finest treasures you can imagine or long-term outstanding health? Wonder how you may enjoy both? Chapter One of <i>Pay Me What I'm Worth</i> explores how property reflects only a fraction of what you're worth. Read this book and be amazed how much property you already have - and most likely don't even KNOW it!
reputation	How does your reputation factor into your overall personal and professional sense of worth? Chapter Five of <i>Pay Me What I'm Worth</i> uncovers a highly unique way to ethically, wisely and gracefully build a sound reputation based on simple steps.	Your reputation is one of the most valuable things you have. Once damaged, how do you repair it? Chapter Six of <i>Pay Me What I'm Worth</i> offers highly unique ways to continue building a stellar reputation. You'll also discover ways to dissolve a less-than-favorable reputation with ease and grace.
respect	How does your sense of respect for yourself or others help or hurt your sense of worth? If you enjoy the respect of others, how do you honor this respect? Chapter's 8-10 of <i>Pay Me What I'm Worth</i> explores highly unique, FUN, easy ways to honor and build respect for yourself and of others.	Think of ONE person you completely, lovingly respect. How valuable is this person to you? What's it worth to you to maintain this relationship? <i>Pay Me What I'm Worth</i> offers over two dozen ways (in the form of highly unique exercises) to help you easily, gracefully and quickly build a healthy sense of respect for yourself and others.
time	WHO or WHAT is worth more than your time? Chapter Four of <i>Pay Me What I'm Worth</i> explores how you use and have used your time in ways that help our hurt you. Once you complete your personal 'Worth Timeline (tm)' - you'll pave the way to enjoying time more fully than ever before.	How well do you use the gift of time? Do you need more hours in the day? Is 'time-management' something you think about but don't actually practice? Chapter's 4 and 8 in <i>Pay Me What I'm Worth</i> offer unique, highly engaging ways to use and enjoy time - well. Take time to do the work in these chapters - it's worth your time.
wisdom	What price would you put on your wisdom? What is it worth to YOU? Do you know? Have you ever thought about how 'what you know' may be worth a great deal to others? Chapter Two in <i>Pay Me What I'm Worth</i> explores how 'what you know' is worth more than you may realize.	Wisdom plays a key role in leading a healthy, happy life. <i>Pay Me What I'm Worth</i> explores how to tap into and USE your inner wisdom with over 33 lively, unique, FUN exercises. As you gain a more complete understanding of just how WISE you are (or might wish to be), you'll enjoy a healthy sense of both wisdom and worth.