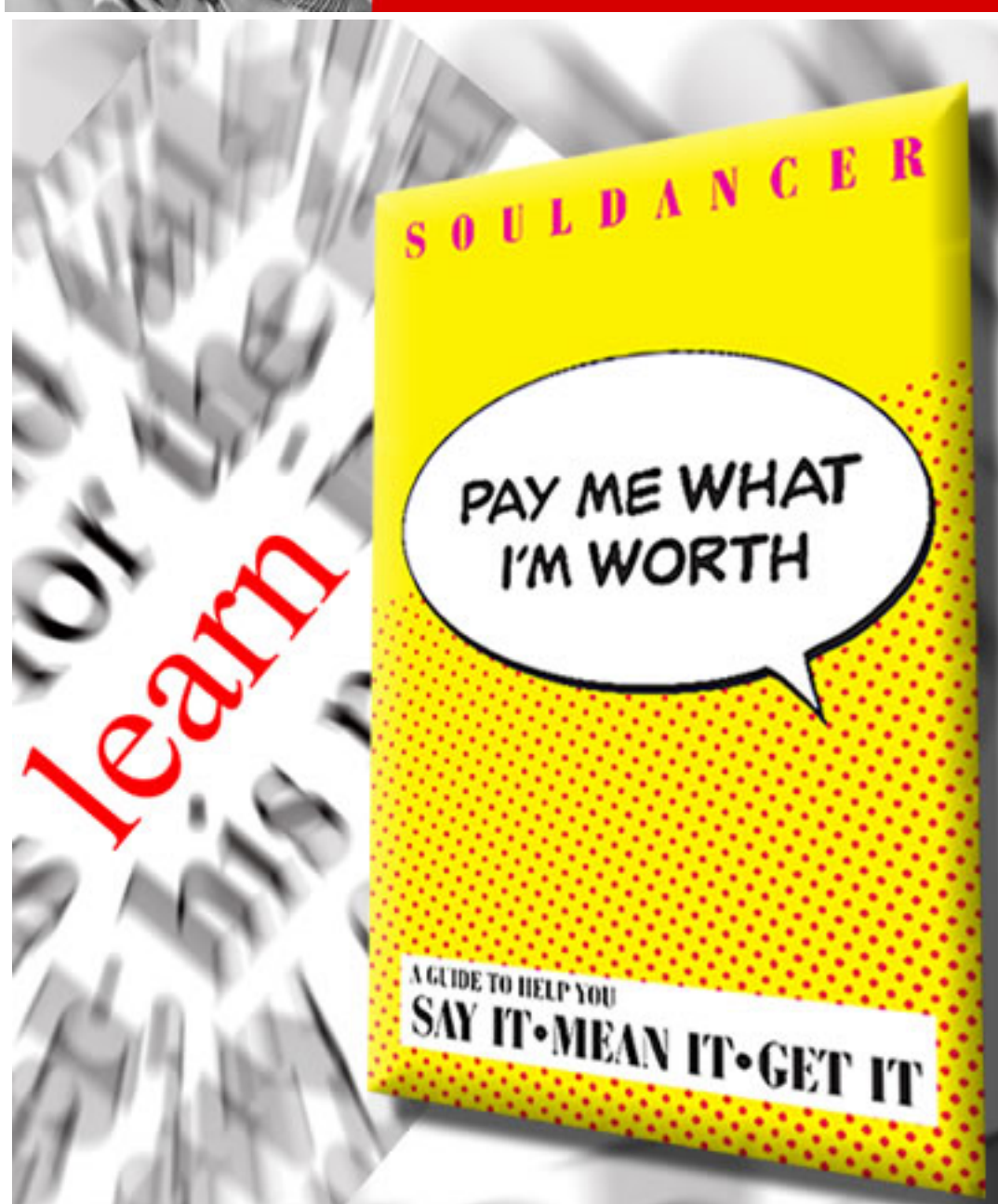




# Pay Me What I'm Worth

Study Group Series • Learn • Laugh • Grow



Ten powerful courses to rediscover your worth on all levels!

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- [What are you worth?](#)
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Call Souldancer, the instructor for this series toll-free at 888-332-2976 for more details.

## First Step

### Who Is Worth It?

Are you?

We hope you shout YES! to this question!

Do you find yourself judging someone's worth based on what you see?

Cars, clothes, jewels, homes, artwork, hair styles, regular dining haunts all play a part in how we display financial wealth. Do external, material possessions represent all you're worth?

Engage this unique course to gain deeper insights on how your physical material worth adds or subtracts your ability to enjoy life more fully. By the end of this course, you'll know with out a doubt, **how your material possessions:**

- reflect your **overall** worth
- help or hurt your desire to feel fully valued
- help or hurt your desire to show others how you value them

Complete this course to more fully understand how your material world helps or hinders your ability to live your dreams.

## Second Step

### What Are You Worth?

Beyond Numbers!

Get ready to find out.

Forget the calculator, statements and balance sheets. This course explores:

- how many skills YOU think you have.
- With your list in hand, we'll then explore what skills other people think YOU have!
- By the end of this workbook, you'll discover without a doubt, all the many skills you have (or need) to grow your worth in multiple ways.

Complete this one of a kind course to get a grip on all the many talents you currently have. We'll verify and grow your skills list with three simple, thorough unique exercises. **By the end of this course, you'll know with an amazing level of clarity:**

- what skills you think you have
- what skills others think you have
- a plan to polish skills you have
- a map to find the skills you need

If your sense of self esteem needs a boost, this course is for you. The more you KNOW yourself and your skills, the more likely you'll attract people who'll honor you for all your worth.

## Third Step

### Why Are You Worth It?

Discover / Advance Your Calling

Igniting passion.

Is it worth doing ONLY what you LOVE doing?

If you love what you're doing in life, and wish to take things to the next level, GREAT! Get ready to take that step.

If you DON'T LOVE what you're doing, but believe you can love it at some point in time, you've created a fiction. Dissolve such fictions with this course. **Complete this powerful course to uncover how to completely embrace your desire to do what you're called to do.**

By the end of this course, you'll know:

- the dangers of getting caught up with comparing yourself to others.
- how to actively use (and never overdraw) your *wisdom bank*.
- how to avoid common mistakes associated with taking shortcuts to success.
- how to take progressive steps to grow you ability to balance receiving with giving.

When it's time to take steps to discover or enhance what you LOVE to do, complete this course. **Result? Ignite your passions!**

## Fourth Step

### When Are You Worth It?

Now?

Big picture time.

Reality check! Time or Money? Which is more lucky to have?

Do you have to choose between these two? While it's true that history is our teacher, the question is, how much have you paid to learn the lessons you've learned.

Complete this advanced course to tap into two of the most powerful tools we have: **perspective and planning.**

By the end of this course, you'll see:

- how to identify reoccurring themes from major life events.
- ways to engage themes to your benefit.
- what you can do to dissolve barriers to success.
- how to enjoy more luck with ease and grace.
- where to apply more (or less) time or effort to experience success on many levels.

Life is short. Time is one gift worth spending wisely. Complete this course to savor - more fully than ever before - our gift of time.

## Fifth Step

### How Worth Grows

Building healthy realtionships.

Quality versus quantity.

Tap into your personal treasure chest, your address book!

**How?** Ever heard the term *relationship management*? Your worth grows based on the types of relationships you develop with both yourself and others. How much or how long your worth grows depends on:

- the ethical steps one takes to create long-term rock-solid relationships.
- your ability to tap into the power of quality versus quantity.
- a desire to work S.M.A.R.T.E.R. not harder.

Complete this simple, practical course to build a powerful base of relationships to support your growth in many ways. **Once you complete FOUR common-sense exercises** within this course, you're well on your way to:

- sorting out how to co-create mutually beneficial relationships.
- releasing relationships that prevent you from achieving success.
- creating decades of supporting connections to support growth on multiple levels.
- work smarter NOT harder.

Imagine life with less drama, guilt, shame, worry and doubt! Discover how to achieve such a life step by step by completing this course.

## Sixth Step

### You get what you pay for!

Ethically receive more, effortlessly.

Laundry time!

Have you ever mumbled *you get what you pay for*?

Ready to discover ways to dramatically reduce (if not end) situations where you feel bad because someone took advantage of you? Even better! Ready to NEVER take advantage of anyone else! Remember those old sayings! It's true!

- What goes around COMES around!
- Do unto others . . .
- What you sow, so shall you reap!

Complete this fun, engaging course to learn how to do a powerful load of *mental laundry*.

By the time you complete our unique, humorous exercises, you're well on your way to:

- discovering how you set yourself up to be taken advantage of.
- learning how taking advantage of others comes back to haunt you - many times over.
- using an ancient, powerful practice (forgiveness) to release shame, doubt, guilt or worry.

The more clean and clear you help your mind to be, the less likely you'll be taken to the cleaners. Complete this course to more fully understand how taking advantage of others ripples back to you in multiple ways!

## Seventh Step

### Pricing the priceless!

Priceless or timeless?

Let's find out!

What are priceless moments?

- Being born?
- Loving someone?
- Being loved by someone?
- Breathing? Seeing? Hearing? Touching? Tasting?
- Experiencing a blissful or sacred moment?
- Learning something new about yourself based on all sorts of hard work?

All priceless, or are they? **They say there's a price for everything. Is there? Complete this course to explore the prices we pay for something we think is priceless. Results of completing this course include:**

- discovering how we're paid what we're worth - daily!
- learning three time and grace guidelines to FULLY honor someone's worth (on many levels) with ease and gratitude.
- ways to end suffering, one day, one thought, one person at a time.
- knowing the difference between gratitude and gratuity.

Everything has a price. Complete this course to discover how to spend time, money, attention, etc. (what you have), wisely.

## Eighth Step

### Performance based contracts.

A way of daily life.

Create and maintain solid relationships.

What contracts do you live by - daily?

- Are you aware of the thousands of contracts you abide by each and every day?
- What are those contracts?
- How do these contracts support or diminish your worth?
- What contracts do you make with yourself to succeed and grow?

Complete this clear, concise course to understand more fully than ever before the value of a simple, short performance based contract.

By the time you finish just one exercise, you'll be an expert on creating one-page documents designed to dissolve stress and ignite passions to succeed!

- End worrying by co-creating something to reduce unpleasant surprises.
- Feel inspired more often than not by KNOWING what to expect when you do you best.
- Walk on solid ground even when things seems crazy and unpredictable.

When life seems out of control and lethally stressful, what do you do? Complete this course to take solid steps to enjoy a more productive, happy, healthy life.

## Ninth Step

### Ethics and integrity.

Complex made easy.

Don't leave home without them!

Ethics. What are these things?

Integrity? How does integrity help you grow worth on many levels?

You've heard this before, "*say what you do and do what you say.*" How's it going for you on this front? Does your word equal your deed? 100% of the time? 2%? **Complete this unique course to advance your desire to live an ethical life.** Build your ability to engage *ethical foresight* with simple, doable, daily steps.

Results of completing this course include:

- sorting out the difference between ethics and morals.
- ways to keep life more simple, less stressful.
- creating simple ways to begin enjoying higher levels of integrity.
- exponentially increasing ethical, long-term stable worth on many levels.

When our words equal our deeds, life becomes much less stressful - rapidly! Ready to resolve stress - one day, one step at a time? If so, complete this course!

## Final Step

### Gratitude guidelines.

Easy abundance.

Eternal teacher!

Gratitude. How do you practice gratitude?

Manipulation. How might gratitude be disguised as manipulation?

How does practicing genuine gratitude advance your ability to receive MORE with less effort?

Complete this insightful course to learn how to move from a life of lack into a life filled with abundance. (Yes, this sounds new-agey! The exercises are simple, practice and powerful!)

Complete the exercises in this course to more fully understand:

- the difference between gratitude and manipulation.
- how manipulation prevents you form receiving MORE with less effort.
- ways to dissolve pain associated with lack (not enough)
- how genuine giving always returns MORE to you than you could ever imagine.

Practicing genuine gratitude rapidly shifts life from thinking there's never enough to FEELING there's always SO MUCH! Complete this course to help shift from negative thinking to feeling positive.