



# Marsha Sortino

*Life Coach*

<http://soulpotential.weebly.com/>

Marsha Sortino's Pay Me What I'm Worth Journey

<http://bit.ly/teamseekers>

Contact Marsha: [marshasortino@gmail.com](mailto:marshasortino@gmail.com)

I was the oldest of siblings raised in a catholic upbringing. I was born in the Philippines and at 2 years old we moved to Japan. My childhood was happy for the mostly because my mother was very loving and supporting. My dad on the other hand did not easily show his love. In fact he was abusive many times. The hardest part in growing up was in listening to my parents have different view on how to raise us once we got to the USA from Japan, where we resided for 4 years. I remember it was a completely different life in Japan and seemed both my parents were happier there as compared to coming to the USA.

Once we arrived in the USA, life changed for us all. I was in the first grade when I assimilated into daily living and a new culture. Having a mom who was English Irish and a dad who was Filipino who disagreed about how to raise the children started raising problems. My father was always away on long business trips and we loved when my dad was gone. When he was home, I always felt I was standing on egg shells. I never wanted to see dad get upset because I knew he

would fly off the handle and life would be miserable for all of us. Literally, I feared my dad. The fights between mom and dad became gruesome, also violent at times.

As a teenager, I got good grades in high school, loved gymnastics and dance and never did want to take the college route, even though my SAT scores were good. I know my parents expected me to choose college. I chose to get a job instead. I was 19, still living at home and saving my money to be on my own. I could not wait to get out from under the home. When I learned I was pregnant, the last thing I wanted to do was to tell my dad. My boyfriend and I ran away from home. I remember telling my mom that we were leaving. We were not sure where, but that I would be in touch with her. So my boyfriend and I got on a bus and headed west. We ended up in Las Vegas. Eventually, months later, we went back home as my boyfriend's parents discovered where we were and came to visit us in Las Vegas, pleading for us to come home. So we did.

Next starts the drama of my being pregnant. Both my parents and his parents meet to discuss this dilemma. No one is asking me what I want. I kept my baby. And thank God I did. Today she is a beautiful happily married woman. The grandparents adjusted and fell in love with their granddaughter after all. But in the meanwhile, my own marriage however did not last. After my first marriage ended, I entered into a second marriage, which also fell apart. I was living in Hawaii then raising my family.

The entire stigma I felt by society and seeing myself as the black sheep in the family took a toll on me. I started to become a rebel, started going down the road of drug abuse and looking for love. I ended up in prison for 4 months. During this interim, I met someone who I thought was my prince charming. Boy was I ever wrong. He was a controlling manipulating charmer who physically, mentally and emotionally abused me for years. The worthlessness I felt inside honestly became despair and I feared for my life many times, feeling trapped in a nightmarish situation.

I've had many years of self development since then, but something was still missing. I felt deep down those pieces of my own puzzle were missing. Then I discovered Pay Me What I'm Worth

(PMWIW). At first I thought PMWIW would just be another self development course, which would be telling me how to be successful in life. What attracted me to PMWIW was all the exploring I was doing on the site intrigued me. As I listened to some of the key speakers' interviews on the site, I became excited, feeling this is it!! This is the program I need.

What I truly love about PMWIW is I took the deep dives with the questions posed, questions no other program ever asked me to look at about my life and allowed me to explore it without doubt, shame, guilt or worry. I explored myself at depths I had never gone before. Even taking a look at the paradoxes in my own life helped me to see who I really am. **These are my own answers, not a cookie cutter- here are the answers to your life program.** And so I did explore and discovered what my missing pieces were in my life! PMWIW met all my expectations and so much more.

Since finishing my first class and going further in another class, I am so delighted with my sense of worth and potential has grown exponentially and blossomed!! I used to be someone who worried about my bills and wanted to control over all aspects of my life. To cope with my pains of my past and the worrying about my bills, I would close my heart from others in not allowing others to see my past for fear of being judged by my past. I was ashamed of my life after all, so why would you want to know me. I did not want to talk about it, let alone be seen as a victim.

Releasing my past was something I had already done, so there was no need to take another look at it or so I thought. Boy was I ever wrong with this thinking. Yet this is what most other programs will tell you is to let go of your past by not thinking about it, though, they provide no way to process your past in a loving, forgiving way, so they do not have tools to do this. **PMWIW has the tools to help.**

PMWIW helped me to fully engage in the painful, sore areas of my past and my present situation. I finally released what was lingering, so I became empowered from my victimhood and into my full potential. Now my past history is actually rich, full of experiences good and bad which I have poured into my wisdom bank. I no longer fear what life brings to me as I feel

balanced at my very core now and see my full worth and potential now. My heart shifted and is open and free once again to be me, brave and unafraid of my journey. I am able to share my story of hope with anyone. Hope is renewed and the abundance I now see is endless. It is as endless as the act of giving and receiving to me and others, which is this gift of exploring life through PMWIW. There are no words to describe this program, except to say it must be experienced.

With deepest heartfelt gratitude, thank you PMWIW for giving me back my life and I bow in joy now. I look forward to meeting you in class.

Mahalo nui loa (thank you very much),

***Marsha Sortino***